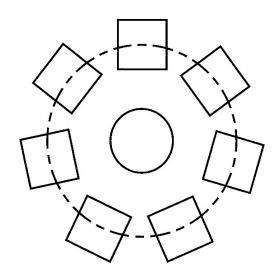
Group-Analytic Contexts

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THE GROUP-ANALYTIC SOCIETY

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Editorial

This issue of Contexts had to go to the printer just before the Foulkes Week-end. We still have a lot to say, because fortunately there has been a full calendar of events in the world of group analysis, as you will see presently. But it does mean that our readers will have to wait until the next issue of Contexts to read about the most important event in our society. We shall try to get to a better arrangement of time with Sage in future.

In his Presidential Page Gerda Winther gives us a convincing picture of our recent an future activities.

The central event since the last Contexts has been the Image Conference in Israel. We advertised it last time. A group of Israeli and Palestinian colleagues came together and made very good use of the uniting power of the group. I wish our politicians believed in it the way we do. You will find a short account of the conference by Pnina Rappoport and Suzi Shoshani, the main organisers of the event.

Then, Earl Hopper tells us about his participation from the special point of view of the large group conductor. His analysis is deep and thoughtful as usual.

The Conference generated large correspondence on our Group Psychotherapy Forum. We thought it best just to include some of it for those who do not follow the communicational channel of the Forum. You will read moving accounts from various participants.

A similarly large and deep flood of communication emerged via e-mail, and we do print a sample of it here, in the original and naked simplicity of the medium. Most of us will regret not having been there.

The Groups on the Edge series of workshops by the IGA continues and some of the events are yet to come, so we continue advertise it.

Kevin Power gives us his impressions of our Winter Workshop, Lisbon Portugal, between 12 and 15 January 2006. It had the title of Concepts and Preconceptions in Group Analysis. He usually manages to give a picture that is both subjective and informative.

Breaking the Silence, Mending the Broken Connection, our Summer Workshop will take place between the 4^{th} and the 6^{th} of August. You find all information on our pages.

Group Analysis North continues with its series of workshops: Groups for Life, and I imagine you may still join if you want to.

I wish you good reading, as usual.

Tom Ormay

President's Page

This time the very good news is that Ireland is going to take on our next Symposium in 2008. The willingness to do so with such a short notice deserves a big applause. We are very much looking forward to the coming cooperation around this important event.

The management Committee has been extremely busy these last months following up on ideas and projects. Preparations for the Foulkes Weekend, preparing a model for reduced membership fee for people from Eastern European countries and discussions about a possible future structure of GAS and in this connection having meetings with other organisational bodies such as IGA and EGATIN, clarifying our different aims and roles. Later in the year we are going to meet with representatives of EFPP and we will also make contact with IAGP. We are starting to get some ideas about how a new structure for GAS would be like, but are still far from having a clear model to be presented to the membership

We are also planning for a possible new book series with Earl Hopper as Editor, but are still discussing how to realise it economically.

The traditional Winter Workshop has been an issue too. We have found it was time to change the schedule. January just after Christmas seems to be a difficult time for people to attend. Instead it will take place in late Autumn, in connection with the AGM. Apart from being a more convenient time of the year it also gives more people the chance to take part in the AGM and help to make important discussions and decisions.

Other things have been on the agenda such as the continuous developing of the GAS Website and discussion Forum and working out guidelines for our central events and administrative procedures.

We can also tell that the membership seems to be going up gradually, which is very gratifying to see and could be taken as a tendency for a growing interest in the dynamics of groups and what groups can do. Judging from the reactions to Freud's celebrated anniversary, the many articles about his work in newspapers and magazines seem to show a renewed interest in psychodynamic thinking, which I think is very important to follow up on in our field of Group Analysis.

Gerda Winther

Group-Analytic Society (London)

102 Belsize Lane, London NW3 5BB

The Editorial Committee of the Journal of Group Analysis is seeking applications from interested GAS or potential GAS members for the role of Editor of the Journal.

The Journal of Group Analysis is pre-eminent in the field of clinical and applied group-analytic psychotherapy.

The Editor chairs the meetings of the Editorial Committee whose responsibilities include:

- 1. Receiving submitted articles and choosing appropriate reviewers.
- 2. Stimulating new copy by creating "special issues" and finding suitable guest editors.
- 3. Meeting with the Editorial Committee up to four times each year and reviewing the progress of the journal, looking at "copy in hand", and together selecting articles which will make for a balanced issue.
- 4. Working closely with the Executive Editor (currently Ben Davidson) who handles aspects of the relationship with the publisher Sage, and thereby relieves the editor of this task.
- 5. Working closely with the assistant editor, Maureen Spurgeon, who has extensive experience in journalism and who liaises on a regular basis with Sage, ensuring that papers are well presented before handing them on to the publishers.
- 6. Working closely with the Books Review Editor (currently Martin Weegman) and Associate Editors when necessary

The Editor is not given a salary, but there is a contribution to expenses incurred in carrying out the role.

The Editor is an ex-officio member of the Management Committee of the Group-Analytic Society

Initial enquiries can be addressed to Kevin Power (+44 01227 731 981) or Gerda Winther (+45 35 55 0916) or Jane Campbell (+44 01865 735 519)

Applications should include a CV and a letter outlining reasons for seeking this honorary post.

Applications should be addressed to: The President, Group-Analytic Society, 102 Belsize Lane, London NW3 5BB.

This information can also be sent by email to : admin@groupanalyticsociety.co.uk

The deadline for applications is 15th June 2006.

STOP PRESS

Group-Analytic Society (London) 35th GAS - Autumn Workshop

'Trauma in Organisations'

When:

From 20:15 on Thursday 9 November Until 13:30 on Sunday 12 November 2006

Where:

Institute of Group Analysis
1 Daleham Gardens, London NW3

Further Information from: Group Analytic Society (London) 102 Belsize Lane London NW3 5BB Telephone: +44 (0) 207 435 6611

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Website: www.groupanalyticsociety.co.uk

Foreword to the contributions from the Imagine conference.

I should have participated in the Imagine conference in Israel in April as the representative of GAS, London, but sudden illness in my family prevented me from taking part. Reading the contributions from the event makes me very sorry indeed for not having been there. It seems to have been a truly amazing and moving event. Creating this meeting between Palestinians and Israelis is indeed a great achievement from the part of the two chairpersons Pnina Rappoport and Suzi Shoshani and the organisational committee. It gives hope for the future that the grass roots, so to speak, are taking action in this truly tragic conflict and I do hope that this is the first of many such events to come.

Gerda Winther

Dear Gerda and Tom

Thank you for your involvement and support in our conference.

Indeed as Richard Billow described it in his letter "it was a wonderful conference-intellectually and emotionally challenging. Certainly it ranks at the top of all conferences that I have attended and participated in".

I am sure it will take us a while to recover from all the mixed emotions this conference evoked in us. We will try to share with you and all members of the group analytic society what we have been through and what made this conference so unique.

As you know the conference, "Imagine Expression in the service of humanity-Creative approaches to dealing with conflict in groups,"

was initiated by Lesley University Cambridge Mass.

Since the subject was so important for our country we had many Organizations and Universities that joined in sponsoring the convention. Among them the Major Universities in Israel,-Tel-Aviv, Jerusalem, Beer Sheva, Al quds University from the Palestinian Authorities, The Israeli association for group therapy - IGAP, The Israel group Analysis Institute - IIGA, The American Group Psychotherapy association - AGPA and of course GAS.

The Chairpersons of the conference were, From the U.S. Prof Vivien Marcow representing the Expressive therapies;. From Israel Prof Alean Al Karnawi from Beer Sheva University- Dean of The Social Work Department and a representative of the Bedouin muslamic population; and Myself - Israeli and a Representative of the Israeli Group Analysis Association.. Suzi Shoshani the co- chair of the IIGA was the chair of the organizing committee and the deputy chair of the scientific committee. Dr Earl Hopper the chair of the International Scientific and Prof.Ariela Friedman from Tel Aviv University the chair of the local Sceintific committee.

We focused on three subjects one for each day of the conference.

- 1. Conflict
- 2. Trauma.
- 3. Hope Peace and Conciliation.

We had very high level Key note speakers and presenters from all over the world and Israel: between them David Scharff, Richard Billow, Jessica Benjamin Ariella Friedman, Zahava Salamon, Marwin Dweri, Earl Hopper, Stephen Frosh, "Goran Ahlin", Ivan Urlich, and many others who contributed to the intellectual high level of the conference.

We think that what contributed to the emotional part and what made this conference so unique was a project that we (Suzi and Pnina) prepared, very carefully, 5 month prior to the conference: The Idea we had was to have during the conference 30 round table discussion groups after the key note speakers each day, co-led by a Palestinian and an Israeli group leader.

In the stage of preparation for this project we, together with about 30 Israelis group leaders went to Al quds University to meet the Palestinians Group leaders. Together we learned about the 3 main subjects of the conference and prepared ourselves for working together. We had in each meeting a theoretical lecture. Small Groups and Large Groups.

Those 3 meetings were very emotional and not easy for both Israelis and Palestinians, but we succeeded to establish the first basic trust between us. No doubt that this fact allowed the largest amount of Palestinians ever experienced in a professional conference in Israel We had 60 Palestinians from all over the west bank and from Gaza, who felt secure enough to express authentic emotions and also express a lot of enthusiasm to learn and develop professionally. For some of the Israelis it was the first time that they have met a Palestinian, and vice versa. As one of the Palestinian Participants said, "It was the first time that I looked straight into the eye of an Israeli and saw a human being" or "It was the first time that an Israeli looked in my eye and see me as a human being"

Naturally there were a lot of mixed feelings- the result of attacks and being attacked, but also roots of new friendships and an open wish expressed by both sides: to further continue this dialogue.

We don't think that we ever experienced a large group so unique as the three large groups that Earl Hopper led in the conference; there was no need to try to find the unconscious conflicts in the room it was all there in the open- hard feelings with accusations, guilt feelings, avoidance of responsibility, together with a wish "To see the other as a human being too". To be understood and heard, to have a dialogue. To hope and dream about peace.

We would like to add that the Israeli Palestinian conflict was not the only conflict discussed during the conference. Some people like Ivan Ulrich from Croatia (the former president of EGATIN), introduce us to his experience in dealing with the conflict in Bosnia. David Scharff spoke about the prejudice and its influence on conflicts in the family, Zubin Mehtha Pinkas Zukerman and Saleem Abuod Ashckar spoke about Conflicts in the Music world and especially in the orchestra as a group, about the influence of the music on our development and the use of a common

language (like music) in facilitating a dialogue. It was very challenge for us as group analysts, to hear and see a conductor and his relationship with his group, from another field.

There was also the "conflict" or maybe the "accomplishment" between the different therapeutic modalities: The Expressive ones and Group Analysis. Through all the different panels on conflicts, the conference enabled, and gave an opportunity, to learn more about each other and to share Ideas and Emotions.

We are trying now to collect all the lectures of the keynote speakers and the subplaneries and of course the impressions of the many letters of Israelis and Palestinians received after the convention. Hopefully we will be able to learn more and digest better from what we all shared in this conference.

As I told you we intend to continue the project we started during the conference and continue the dialogue with the Palestinian on a permanent Basis.

We do hope that in the future meetings we will have you and other representative of the group Analytic Society who would like to be involved and contribute from their experience, further study and develop the ability to work with groups during conflict...

Warm Regards

Pnina Rappoport and Suzi Shoshani

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Message from Sage.

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Some thoughts about the Large Group for the *Imagine* Conference in Israel and about my convening of it.

Earl Hopper April 2006

Readers may be interested in some of my thoughts about the Large Group for the *Imagine* Conference in Israel, and specifically about my work as the convenor of it. These thoughts began as memories and free associations to them.

On the first day I left the lunch table a few minutes earlier than everyone else in order to make certain that the chairs were arranged in a spiral, and that the hotel staff understood that the doors to the kitchen must be kept closed and it was necessary to have a little quiet around the periphery of the group. However, on the way to the room for the Large Group I started to feel rather anxious. Suzi Shoshani walked me part of the way, and I said to her that the real reason why I was leaving a few minutes early was because I felt scared. She looked at me, somewhat in surprise, but nodded in a way that made me feel that she understood my fear, and it was acceptable to her, although I thought to myself that she was surprised I could be anxious about convening a large group in a conference.

I opened the first session with the comment that our task during this and the next two sessions of one hour and fifteen minutes each was simply to discuss matters of concern to us, and that my job as convenor was to help create a space within which this would be possible. I said that in my view this task was not only difficult but also impossible. When in response to this remark no one even chuckled, I knew that I had said something that was true.

Still... there was never a moment during the work when I did not feel anxious, sometimes extremely so. There was never a moment when I felt that I was doing a good job, even a good enough job. I always felt and thought that I should have said more, that I had missed the point, that I had taken up one thing but ignored something else that was more meaningful, etc. I always felt inadequate to the task.

As usual, I sat in the first seat in the spiral, but on the first day, as the room slowly filled up with 150+ participants, I was joined in the inner ring by two men, I will call them Mahmoud and Mohammed. They were each dressed in dark suits, white shirts and dark ties, and they were very, very tall. No one else joined us. A Jewish woman made the opening remarks: she felt that I had brought my two bodyguards with me. She was spot on: I am a little guy, and although I punch above my weight, I did have a sense that I might need their protection. I actually wondered if they had decided, perhaps unconsciously, to protect me. In any case, from that moment on I felt physically safe. From time to time I thought that it was necessary to feel physically safe and well fed in order to be reflective in an authentic way. From time to time this theme actually surfaced. In any case, at least for me, being well fed would not be a problem, but incohesion could be, might be and even should be a problem, especially in a large group in Israel, with Jews, Palestinians and outsiders.

The main memory that I have of the first session is that participants engaged in a general, diffuse testing of boundaries of various kinds, and there was quite a lot of discussion about this. However, it seemed to me that participants were aware that they were alluding to boundary between nations and between peoples. In fact, there were references to check-points, passports and identity papers. Therefore, I abstained from making these connections myself. Towards the end of the session a young woman began to read from her own book that had recently been published. Although

I personally thought that what she was reading was moving, something about going into the 'light', I also felt that she was going on and on and would never stop. Eventually, I intervened, saying that her reading was a kind of boundary crossing – if not breaking, and although it was confined to using words, it was still an infringement. A senior colleague from Europe confronted me in an articulate but angry way – in fact his voice was tremulous – saying that although I might well be correct in some technical sense, I was missing what could be called the spirit of her remarks, which he found to be 'new' and 'beautiful', whereas he found mine to be authoritarian, rule-bound and old-fashioned. I thought to myself that he was referring to the Old and the New Testaments and to the myriad of issues about Jews and Christians that must in the matrices of the group, the conference, Israel and the world as a whole. I did not say this for two reasons: I was confident that the topic would come up again; and it was time to stop.

During this session I felt alone and lonely. I found myself making contact with my various internal mentors, who, like myself, were both psychoanalysts and group analysts, and did not feel split about these two realms of their professional identity. I became aware that several of my colleagues who were participating in the Large Group could do the job as well as I could, and, more to the point, they thought so as well. The greatest danger to my convenorship was that I might be assassinated by my 'friends' (which is not unlike what Bion has written about his war experiences, which I think was an attempt to circumvent writing about his experiences with colleagues in the world of psychoanalysis). However, this was part of the job, and went with the territory. My persecutory anxiety dissipated when I had the thought that this must be what political leaders in violent, unstable societies feel, at least from time to time, and it always remains an open question whether this is a matter of paranoia or sensitivity to external social reality.

After the session, Christer Sandahl came over to me and said that as the convenor of such a complex and conflict ridden Large Group, I must feel very lonely. I replied that his having said this made me feel much less lonely, and that I very much appreciated his supportive remark. It occurred to me that he had a great deal of experience as a consultant to senior managers in complex international business firms who must feel a similar kind of loneliness.

That night I dreamt about an Israeli friend of mine who had been wounded in one of the wars. He was on his own in the desert all through the night, not really knowing whether he would ever be rescued from behind enemy lines. Although he since became a senior group analyst, he was not at the Conference. I missed him as someone who believes in the importance of forging his own independent professional identity. I, too, felt 'independent', and allowed myself to wonder who was the 'enemy' here, and where the 'line' was between friend and foe, self and other, internal and external.

The next session began with several veiled references to this exchange, and although I forced some discussion of possible anger with me for my having intervened to stop the reading, the general topic of relations between Jews and Christians was encapsulated, as was check-points and identity issues. Participants seemed to prefer to stick with discussing the rules that governed their participation in large groups. Perhaps this was safer.

Before continuing to recount my memories of the processes and dialogue in the group, I would like to indicate a few of the lessons that I have taken from this experience. The first is one that actually I have known for a very long time, and have even written about. When convening a large group it is very important to be clear in one's own mind and to make clear both to the participants in it and to the people who are responsible for the organisation of the conference within which the group takes place, that there is a big difference between having a large group for the purpose of providing a space in which participants can discuss matters of concern to them, on the one hand, and having a large group for the purpose of providing a space in which participants can study the dynamics of the group, on the other. Our greatest problem in organising and convening large groups is that we confuse these two tasks. When the task is to discuss matters of concern, interpretations should be directed towards obstacles and defences that impede people in this task. And, when the task is to study the dynamics of the group and the unconscious experience of them, interpretation should be directed towards helping the participants learn from experience. Attentive silence is more appropriate when people have come together in order to talk about matters of concern to them, and less appropriate when the task is to learn more about social and psychological processes in large groups. In the latter case, the silence of the convenor can be oppressive and even persecuting. Of course, these two realms of activity overlap.

Arranging chairs in a spiral is more appropriate for large groups who have been organised in the service of learning more about the dynamics of them, and cocentric circles are more appropriate for groups who have been organised in the service of discussing matters of concern to the participants in them. In this respect I made a mistake, which may have been slightly confusing. Although I announced at the beginning of the first session that our task was to discuss matters of concern to us, I arranged the chairs in a spiral. This was noticed by a participant who, on the second day, said that she was glad that the group had returned to the co-centric circles that she was used to. In fact, this had not actually occurred, but she had made herself more at home by ignoring the spiral pattern. I was reminded that the cultural life of Israel is a patchwork quilt of the history of the Diaspora, and that this must influence the continuing need to create a new national identity. I wondered how long it takes immigrant groups to feel at home in their new society. Voluntary ex-pats in London say that after five years it becomes very, very difficult to go back home.

Another lesson that a convenor of a large group must keep in mind is that there is likely to be great diversity concerning the capacity of the participants to think and feel in terms of symbolism and unconscious processes generally. Especially when anxious, which in a large group is usually the order of the day, because identities are always under threat, people oscillate between operational, concrete thinking, on the one hand, and 'excessive symbolism' and metaphorical thinking, on the other. (In fact, the latter is very often a mask for the former, because in large groups very few of us are good poets.)

These issues can be seen in the vicissitudes of one of the few actual interpretations that I made, about half way through the second session. A report was brought to the large group of a particular exchange in one of the workshops of the conference in which an Ashkenazi man was felt to have insulted a Palestinian woman during the discussion of her research, by calling it 'garbage'. Interestingly enough, most of the people in the large group seemed to be aware that the exchange between the man and the woman in the workshop, which was repeated in the large group, was characterised by intense sexual passion. This pairing relationship could have been taken from *Romeo and Juliet*, but in this case had got imbedded in some kind of perverse fight/flight process. Nonetheless, many of us, especially the women, felt that this struggle was laden with potential hope; the Palestinian men began to explain to the group why 'garbage' was especially insulting to Palestinian 'ears'. The discussion

became heated, and a rapidly developing crescendo of anxiety, chaos and aggression began to interfere with our capacity to think and communicate in more 'mature' ways, that is, to discuss matters of concern to us. I 'interpreted' that we were all caught up in the intense anxiety of shame about being unwanted and unacceptable, perhaps as dirty, shitty faecal children, perhaps as human garbage. Not merely feeling this, but knowing it to be true. Throughout the world! This was as true of the Jews in the group as it was of the Palestinians, and as true of the Jews from other countries as it was of the Jews from Israel. In fact, we were in the arsehole of the world, and deep down we all felt that we were the world's shit. The great danger was that not being able to recognise and understand how ashamed we really were, we were compelled to make our brothers and sisters and 'others' in general feel equally ashamed. One of the reasons for this was that we had no other way to communicate our painful experience of shame. What was going on between Jews and Palestinians in the Middle East was the unconscious compulsion of people who could not communicate unbearable and unthinkable feelings of shame except through their enactment of them, through shaming other people and 'peoples'. All this could be seen in the Large Group. This seemed to lead to a few moments of silent reflection and consideration of the possible truth of my remarks.

After the session, two women, one a Jew and the other a Palestinian, came up to me. With excessive politeness they asked if I really did call them shit, and their respective countries arseholes? I said that they should bring their concerns to the next day's session. Actually, I did not see them at the next session, but I did wonder if they were present.

One of the themes that was not quite manifest in the group's dialogue was the subterranean, as apposed to Mediterranean, conflict between expressive therapists, analytical therapists and other therapists who did not easily fit into either of these two categories. Conflict about what? I suppose for recognition and the scarce resources of the group, such as time and space to be seen and heard. I doubt whether the conflict was about 'external' financial and organisational resources, although there may have been echoes of this. On several occasions I said that references to conflict and competition between Jews and Palestinians may have been a displacement from other kinds of conflict which in a sense were closer to 'home'. I knew that this was outrageous, in that the tragedies of the Middle East far outweighed the tensions among the various sections of our profession, but in another sense there was truth in my remarks. Another expression of unconscious sibling rivalry? Of course, but not only this! The dynamics of conflict and competition in the organisation of the Conference must have been imported into the Large Group, and certainly they must have been exported by the organising committees into the Large Group. Such processes warrant being described in terms of 'deposited representations'. This is not unique to the intergenerational transmission of trauma within societies; it also occurs within organisational social systems, especially within traumatised societies.

As the end approached, I found myself thinking and then I actually said that it was a kind of miracle that something hopeful and constructive seemed to have been born from this Middle-Eastern matrix, and I felt honoured and privileged to have had the experience of convening this Large Group. In fact, I was relieved that we survived the experience. Somehow we succeeded in transforming raw and painful feelings of a 'beta' kind into thoughts and feelings of an 'alpha' kind, which by definition were more manageable and productive.

I ended in my usual way, by saying, 'It's time to stop now' and I got up from my chair. It seemed to me that as I walked out of the room everyone stood up and

began to argue and remonstrate with one another, and in general continued the debate. Goran Ahlin came over to me and said that in his opinion the group could not have ended in any other way. This was good enough for me.

There is, of course, a great deal more that could be said. Eventually I might well discuss Incohesion: Aggregation/Massification or (ba) I:A/M and its vicissitudes (Hopper, 2003b). With respect to the constraints of the social unconscious, the Large Group reflected incohesion in the Middle East and in the organisation of the Conference, as well as the personality characteristics associated with the main cultures represented by the participants, for example, in connection with gender roles, social classes, authority hierarchies, etc (Hopper, 2003a). Of course, this Large Group, like any other, could be described from many points of view (Kreeger, 1975; Schneider & Weinberg, 2003).

For here and now, I hope that you will agree that these three sessions of the Large Group were extraordinarily rich and complex. Many people had an authentic, intellectually and emotionally meaningful experience of which they are still attempting to make some sense. I have begun to correspond with several of the participants about this, including those from the West Bank and Gaza. Several colleagues who had never experienced large group work have reported that they can see the value of it.

I very much benefited from supportive supervision/consultations in the form of conversation during dinner from Richard Billow, David Scharff and Walt Stone, who I trust emotionally and intellectually, and with whom I have worked for many years. Others were available to me, but I was drawn to this threesome of American Jews with international identifications, like having my father and brothers with me in relationship to a complex maternal object, which is part of an affiliation to a large group within the context of conferences, organisations and societies. Group analysis is the child of psychoanalysis and sociology, both!

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From the Group Psychotherapy Forum on the Image Conference

Dear Pnina, Ofra, Haim and all interested in this thread,

I came home really filled up with powerful emotions, one of them is somehow the budding of hope. Not wanting to sound unnecessarily rosy, my very experience has been to witness on several occasions the transformation of anger, aggression and animosity towards genuine dialogue, understanding, interaction, and even wish to cooperate. I truly believe that political dialogues should not be under the sole monopoly of politicians. They should be realized in public spheres, person to person contacts, personal histories, finding out similarities and respecting differences that are so enriching.

I attended the conference beginning with the Pre-conf. Institute that was held at the Mormon University facing the unique view of Jerusalem. It was difficult to take your eyes off the view yet no other place could be so suitable for such an encounter. I attended Richard Billow's institute where we were 11 in total, four Israelis, four Israeli Arabs and Palestinians and 3 from abroad. It was amazing to witness anger, hatred, resistance, conflict, revolt feelings that were contained, heard, empathized, deflected, while more personal histories heard, more person to person dialogue taking off. There was a transformation voiced out by a Palestinian participant such as changing the "BUT" for the "AND", that is, "I suffer AND you suffer too" instead of "you suffer BUT I suffer more".

The opening of the Conference at the Tel-Aviv Museum was very touching. We had a chorus of Israeli and Arab teenagers singing in Hebrew, Arabic and English. And of course singing "Imagine all the people..."John Lennon.. - don't ask for the tears.. - and the Oslo Conference song "Salam/Shalom" - don't ask, don't ask... -. The lecturer Avi Ravitsky was convincing about "The Role of Religion in the Reconciliation of World Conflict" stating that religious precepts should be reviewed and refreshed if serving humanity; he was more influential since he was wearing a 'kippa', being religious himself.

During the Conf. each day started with a plenary session where two lecturers would present, most of them quite thought provoking. I found the format of Round Tables extremely successful, as the audience had the opportunity to discuss in their own little group - same every day- most tables were facilitated by one Israeli and one Arab facilitator. Ariella Friedman, David Scharff, Marwan Dwairy, Zahava Solomon, Stephen Frosh and Daniel Dor were quite challenging, though provoking. Daniel Dor (journalist?)talked about the "symbolic representations" of Israelis and Palestinians, what they represent in us. He addressed to the media constructs of a sense of self that prevent us to think individually and get in touch with our own real feelings. He said that each newspaper constructs a default self, the common denominator being the try to get rid of guilt. ('Suppression of Guilt' by

Daniel Dor). I found him very thought provoking.

Together with Robi Friedman and Rina Lerner, I presented a workshop 'The Shadows of Conflict' where we worked through conflicts and shadows through dreams and told stories. It had good potential to work through, were it not too short in time. I attended other workshops, one of the highlights being Gabriella Rifkind and Jessica Benjamin's. Benjamin talked about the complementarity of the 'doer and done-to' and the reciprocal dynamics of injury. She claims that although the relationship is assymetrical, each side has the symmetrical experience of being helpless to change it, feeling loss of agency and responsibility on both sides. I felt really privileged to get to know her (she was in my Round Table discussion!) and admired her sense of being her own person with her unveiled vulnerabilities, her playfulness and her brilliance.

The Large Group led by Earl was overwhelmingly successful. The transformation of anger, hatred, aggression, resistance was deeply felt and slowly metamorphosed towards dialogue, interactive communication and wish of cooperation. I left the group elated with hope. Even Earl himself mentioned "there was a miracle". Indeed as compared to the Large Group in Jerusalem IAGP Conference in 2000. Thanks Earl!

I wish to heartily congratulate Pnina Rapaport and Suzi Shoshani for making such a conference possible. The amount of work, effort and time invested cannot be appreciated enough indeed. I felt inundated with hope and energy to contribute more in this field. And sorry Gals for being late in relating my experience. I was caught through the neck in family gatherings (my son got engaged! daughters visiting for Passover, etc). Yet the aftermath energy of the Conference is still vivid and lasting.

leyla

leyla navaro" lnavaro@SUPERONLINE.COM

Dear Athena and Bob

We accumulated some interesting experience from our conference and we certainly intend to learn more from the continuation of this project. and from all the impressions we hope to receive soon from the group leaders

We together with the major organization of group psychotherapy intend to plan similar meetings twice a year on a regular basis. We certainly hope to arrive to some conclusions that will be of help for work with groups from extreme societies

As per the question you raised on basic trust, Let me quote what Zubin Mehtha said in a panel he presented during the conference: "In order to

form harmony between the players you have to find a common music they all want to play"

In other word we found that in order to form basic trust' we had first to find a common subject that will be of interest to both sides. We declare from the beginning what brought us together to those meetings. We found an open ear to the need to learn and develop our professional skills. , same as a need to find a way to influence society towards peace and conciliation.

One other conclusion that we arrive during the conference was' that a third party can be of a lot of help: We asked colleagues who live outside of Israel non Israelis or Palestinians, to act as supervisors to the Mixed group facilitators (formed from Palestinians and Israelis. So Every morning we had small supervision groups for all the group leaders of the round table discussion groups. The supervisors were professional group analysts with lot of experience of work with groups from extreme societies. (between them Regine Sholtz and Leila Navaro from our list who were very helpful) Same as Gabriella Rifkin Tom Hamroque,' Beatrice Hook from England. Richard Bellow from the US Goran Ahlin from Sweden and Ivan Urlich from Croatia.

Those supervision groups were extremely important for the group leaders, according to what they told us .and gave them lot of confidence and directions in their work. Some of them even reported that they chose to continue the groups through Emails after the conference.

Hope all this can be of some help and maybe develop with all our mutual experience to a treatment Model with groups during conflicts. as I mentioned in the beginning of my email We intend to continue the project'.

Those of you who want to be involve in the project, let me know about it..

Please take in consideration it might require a trip to Israel. Once a year

Pnina Rappoport

Bob

I appreciate your interest in the topic on conflict. You have mentioned an interesting dimension, 'basic trust', which I believe is of great importance in groups with people coming from different backgrounds. It was the first thing I thought I had to do in the group discussions that I have with students from minorities. And the question is how this 'basic trust' can be achieved?

In the group discussions that I have organized with the students -it is not a therapy group- I try to put forward some topics for discussion, as for example "trust, need to belong and participate, need for recognition and of

course several topics on identity and identity formation". The students on their own according to several theories on conflict have to put forward ways on conflict resolution they may follow or they have followed in their life.

Athena

"Athena Chatjoulis" athchatj@HOL.GR

Hi, everyone,

This is a topic that I'm interested in, too. The tension for me has been that I want my group to be cohesive, but the more cohesive it is, the more likely it is to stereotype other groups. Establishing basic trust shows that stereotypes can be overcome.

As far as resolving conflict once groups, or subgroups, are talking to each other, it may be a basic group therapy technique, but I think it's effective to encourage people to "icip" others, aspecially

to each other, it may be a basic group therapy technique, but I think it's effective to encourage people to "join" others, especially others from the other group or subgroup, in terms of how they feel or what they think.

Bob

Robert Hsiung dr-bob@UCHICAGO.EDU

THE GROUP-PSYCHOTHERAPY FORUM

Please direct all listserv commands to LISTSERV@LISTP.APA.ORG

To join, send the command

SUBSCRIBE GROUP-PSYCHOTHERAPY YourFirstName YourLastName

To leave, send the command

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If you experience difficulties, please write to

GROUP-PSYCHOTHERAPY-REQUEST@LISTP.APA.ORG

To access the lists's chat/videoconferencing facility, go to

http://groupintervisual.net/hosting/group-psychotherapy/

E-mails after the Image Conference.

Dear Suzi and Pnina,

I'd like to express my deep gratitude for the meaningful experience I had gone through as a participant and presenter in the imagine congress we have just concluded. It was a real move towards change in the quality of the dialogue between us and the Palestinians, a move towards understanding and reconciliation that is so desperately needed . The congress promoted a climate of hope, good will and mutual commitment for peaceful solutions that can proceed to be woven between us.

As a co - chair of the Israeli Institute of Group Analysis I can see both the professional and personal value that your tremendous dedication and efforts to bring about this meeting can afford.

Suzi, let me also say how I cherish our cooperation. I feel proud for having you as my co chair. Our institute is becoming more meaningful as an agent of social and professional change as both you and Pnina who has contributed a lot to its development are a driving force behind this project.

Thank you and warmest wishes for a fruitful continuation of your endeavors.

Miriam Berger.

Co-Chair of The Israeli Institute of Group Analysis

Dear icebreakers in the desert Pnina and Suzi,

The more I'm away from Israel the more I realize how deserts need icebreakers. I'm really amazed by the amount and quality of work and initiatives both of you have done, when all other possibilities were lost. And, at your own risk and relaying on your honest intentions and courage. Congratulations wholeheartedly for your engagement in your Country and for the whole effort to organize the conference. I feel and I heard that the conference was a great success. I think that all involved parts in conflict have sent very important messages, verbal and non-verbal, to develop further in your joint efforts in over bridging so many gaps.

I was feeling beseder gamur, and Miriam's and Meir's hosting was unbeatable. Thank you for all!

From Croatia with love,

Ivan

Ivan Urlich

1.1.1 Former Head of EGATIN

Dear Susi,

many heartfelt thanks and appreciation for all you did, it was such a big event, I am still just beginning to take it all in. Wishing you a good holiday with your family and friends, hope to be in touch later. Jessica

Jessica Benjamin Psychoanalyst from USA

Dear Suzi and Pnina

Please see the below e-mail from Naima from Gaza.

Happy Passover

Alean

From: [mailto:rawagnm@yahoo.co.uk] naima rawagh Sent: 2006 9:00 Friday, April 07, עליאן אלקרנאוי To:

Subject: Thank you

Dear Prof.Alean,

Me and my colleagues would like to give all our thanks to you for all your efforts with us to have the opportunity to attend the conference and to have this new and wonderful experience, we are grateful indeed, and wish to stay in contact with you. we would like also to thank everyone helped to get us to the conference, Special Thanks and Love to Einat for her efforts.

Again thanks very much for you all and we wish you all the best Inshallah.

Warm Regards,

Naima Al Rawagh

Dear Pnina,

I trust you are beginning a well deserved rest after planning and hosting "Imagine." You must know that the conference was a terrific success. Certaintly, the "buzz" of enthusiasm--authentic passion, version LHK. found the whole experience quite moving and am attempting to digest it. Likely, the events of "Imagine" will emerge in my thinking and writing.

A definite plus was meeting you and getting acquainted with your colleagues and friends. Thank you for inviting me and encouraging my participation. I appreciate your warmth and generous hospitality.

With fond regards,

Richard

Richard Billow Psychotherapist and Group Analyst USA

Dear Suzi,

You are amazing! I remain astonished by your energy and ability to "multi-task:" conference planner, sensitive clinician, political organizer, public speaker, gourmet cook, charming host. I am so glad to have met you and participate in "Imagine." It was a wonderful conference--intellectually and emotionally challenging. Certaintly it ranks at the top of all the many conferences that I have attended and participated in. Thank you so much for your efforts, your warmth, and your hospitality.

With fond regards,

Richard

Richard Billow Psychotherapist and Group Analyst USA

Dear Pnina and Suzi,

I join Robi's congratulations. Sorry I couldn't make it. Let us learn from your experience. Haim

Haim Wainberg

Psychologist and group analyst Israel and USA

From: robif

To: suzi shoshani; GloBatKahn@aol.com

Cc: <u>ps rapp@netvision.net.il</u> ; <u>mblock@agpa.org</u> ; <u>earlhopper@btinternet.com</u> <u>haimw@netvision.net.il</u> ; <u>Sbennoam@excite.com</u> Sent: Saturday, April 08, 2006 1:17 PM

Subject: IMAGINE and Suzi and Pnina

Dear Suzi and Pnina,

this IMAGINE conference was a big step towards a dialogue inside and outside Israelis and Palestinians, facilitated by your work and the contribution of all of you. You can be proud of the results and hopefully you'll continue with your efforts contributing in this direction.

Robi

Robi Friedman

Psychologist and group analyst Chair of the Israeli Association of Group Therapy

From: "leyla navaro" <\frac{\lnavaro@SUPERONLINE.COM}{\text{To:}} \text{ } \sqrt{\frac{\group-psychotherapy@LISTP.APA.ORG}{\text{Sent:}} \text{ } \

Dear Pnina and Dear Suzi,

I wish to congratulate you both for the imagination and realization of such a difficult conference. I confess that I wasn't so sure about its organizational efficiency until I've experienced it. It seems what you've invested in as time, effort and work is beyond one's limits. I can only empathize and congratulate both of you heartily. And also Earl for his trust, support and commitment. A big hug to all of you. Please count on me on your next steps.

Warmly yours, Leyla Navaro Group Analyst Turkey

Dear all,

I can't tell you how much I enjoyed the conference and the extraordinary amount of planning and heart that went into it. Not only was it historically significant, but also personally life-giving for me to be among all of you and the arts in this way.

This was just sent to me, and I thought it perfect to send to you--hope you can open it and enjoy it.

With warm regards and l'hitraot,

Ilene

Ilene Shirlin, Lessley University

Dear Pnina and Suzi,

I would like to share with you my deep appreciation of the wonderful conferece. "Imagine" proved itself as an inspiring event in times of doubts and low energies of both sides. I was impressed by the number of Palestinisn members who came (some of them for the first time). I know how difficult it is to make this possible. I myself made some connections with palestinian people for future meeting.

thank you Dr. Avi Berman

Avi Berman Group Analyst, Former chair of Israel Group Analysis Institute

----- Original Message -----

From: Karen Qafisheh

To: yahoo ; najah manasra ; taliarosen@aol.com ; s.frosh@bbk.ac.uk ; greiss@igc.org ;

assaflevi@bezeqint.net; gina@ginaross.com; sherym@medzini.com

Sent: Saturday, April 15, 2006 6:03 PM

Subject: Re: hello

Hello everybody

iam still thinking of those wonderfull people i' ve met in telavive and appreciate those coming from outside,,,,,,,,,

when we was in a small table discussion i have some feeling that every one has his/her object of bieng free of conflict and that was a good sign for building hopes,,,,,,

may God bless every one and feel peace

best wishes and happy easter



Karen Is Palestinian from East Jerusalem

Dear Suzi and Pnina,

First of all, I want to congratulate you both on the wonderful work you did to make the conference happen, to bring the Palestinians, and to create the warm and welcoming atmosphere which prevailed throughout the conference. No one could imagine it could be done and you both did it. I applaud you.

Many many people are asking what is next and I surely think we ought to talk about that, but first there is old business from the Imagine Conference to finish.

Gloria Batkin Cohen Group Psychotherapist AGPA USA

Dear Panina and Suzi

Right now we are in Heathrow in route back to the states. I just want to thank you both for the opportunity to paricipate in teh Imagine conference. It was a very rich, full, rewarding, stimulating and challenging experience. I feel I learned a tremendous amount, and am left egar to stay involved in some way.

Suzi, it was really serindipitous to share the workshop, I enjoyed meeting the "other" Sarah, and learned from all of our contributions. The concert in Jerusalem was more than wonderful and added to the experience.

And Panina, your welcoming party was so special. So many, many thanks to both of you.

I wonder if you will be sending out your impressions of the conference and evaluation of the experience.

Again many thanks,

Sara Emerson

Sara Emerson Group Psychotherapist AGPA USA

---- Original Message ----

From: <u>David Scharff</u>
To: <u>'Samuel M Rappoport'</u>

Sent: Wednesday, April 19, 2006 1:54 AM

Subject: thanks

Dear Pnina, Suzi

I'm just now back from my time teaching in Hungary last week, and catching up. I wanted to thank you for the wonderful conference you organized, at which I learned so much. It was a memorable experience, and I was honored to be part of it. You and Suzi did a marvelous job putting it together, enabling the Palestinians to attend, and setting the tone for an open exchange of ideas and experiences. It was unforgettable. I hope the work will continue. The conference gave things a wonderful start, so different from the political impasse and the violent confrontations that fill the newspapers.

Fond regards, David

David Scharff, M. D. Family Therapist 6612 Kennedy Drive Chevy Chase, MD 20815

Tel: (301) 951-3630

email: davidscharff@mindspring.com

Fax: (301) 951-6335

---- Original Message -----

From: najah manasra

Sent: 4/10/2006 4:24:32 PM

Subject: hello

Hello everybody,

I hope you are relaxed and less tired. I just want to tell you that I enjoyed being with you all in our small group. Even after 3 days of meeting, we had a sense of cohesion and we tried to understand one another. I learned more about the Israelis and felt with those who suffered. There are always reasons for the fear and mistrust and today, I could say that we understand the feelings of people better.

I will continue to remember you all

I wish you safe life and happiness with your familied and beloved ones.

may the Lord pless you and keep you all free of pain and sorrow

Best wishes

Najah Manasra

Najah Manasra Psychologist Palestinian Authority Al-Quds University

---- Original Message -----

From: greiss@igc.org

To: <u>najah manasra</u>; <u>taliarosen@aol.com</u>; <u>HERTZEL HAIOGEV</u>; <u>s.frosh@bbk.ac.uk</u>; <u>karenqaf2004@yahoo.com</u>; <u>assaflevi@bezeqint.net</u>; <u>gina@ginaross.com</u>;

sherym@medzini.com

Sent: Tuesday, April 11, 2006 7:05 PM

Subject: RE: hello

Najah, thanks for putting this string together. Just arrived back in the US early in the morning. I am very touched by your feelings here, and the growing comapssion we developed for each other. The small group was the highlight for me. I hope as many of us as possible can stay in touch and continue to build on what we started here. Best, Gary

Invitation for Donations.

The Group Analytic Society, Registered UK Charity Number 281387, invites donations from members and others in any amount for it's General Fund. Donations demonstrate a belief that Group Analysis contributes to local and international communications and relations. Donations may also be given "in memory" or "in recognition" of a person in our community or elsewhere. discussions may identify new fund for the Future a Social Application of GA in the modern world. Members and others may discuss donations with any member of the GAS Management Committee, email drstorck@caregiving-online.com, or contact the Society via email to admin@groupanalyticsociety.co.uk. Tax considerations will be based on legal requirements in the donor's region.

Submitted by Lauren E. Storck, MC Member



The Institute of Group Analysis presents

GROUPS ON THE EDGE

1.1.2

1.1.3 A series of six workshops on the theme of social disintegration beginning on January 28th 2006

1.1.4

1.1.5 We will explore whether marginalised and embattled population groups are a reflection of social discord.

1.1.6

1.1.7 Are these groups attempting to find a way of existing within a fragmented and individualistic culture?

Outstanding speakers and commentators, small and large group discussions will enable us to explore the way in which social and cultural elements permeate the individual to the core.

The series will be of great value not only to clinicians but also to all those who are interested in the way in which social processes permeate the lives of individuals groups and families today.

Workshop A – January 28th 2006 Society at the Edge: To Live Outside The Law You Must Be Honest? Dick Blackwell & Michael Rustin

Workshop B – February 25th 2006 Families on the Edge Morris Nitsun & Vic Seidler

Workshop C – March 25th 2006 Beyond the Pale: Race and Culture

Farhad Dalal and Rosamund Grant

Workshop D – April 29th 2006

Prisoners on the Edge: Locked in Syndrome: Running Groups

in Secure Units

Gwen Adshead, Denis Murphy and Ruth Wyner

Workshop E – May 27th 2006

Addictions: Not just on the Edge...completely out of it!

Barbara Elliott and Martin Weegmann

Workshop F – Vaccines for Affluenza – June 24th 2006 Treating the lonely, miserable and successful middle class Oliver James

> FULL DETAILS OF THE WORKSHOPS ON THE IGA WEBSITE www.groupanalysis.org

> > For brochures contact IGA: T 020 7431 2693 iga@igalondon.org.uk

2006 Winter Workshop, Lisbon Portugal, 12-15 January 2006.

"CONCEPTS AND PRECONCEPTIONS IN **GROUP ANALYSIS"**

While I waited for the city bus, I looked on the tourist map of Lisbon. It has no small arrows at the edge of the map pointing beyond the boundary to where the airport lies, well off the map. I was baffled by this for a while as I waited for the city bus to arrive. This continued until I was actually on board and travelling towards the city. It dawned; the airport was actually on the map, not lying ten miles or more beyond the city centre, but close in. So, a compact city that could include the whole airport as well as the suburbs on one map. I took the bus all the way to the quayside, from where I was able to walk to the Borges Hotel. Later I walked to the venue, only ten minutes away...in thirty minutes I was almost there, a formal building set upon the hillside overlooking the Tagus river across which the great Portuguese seafaring explorers had sped their way into the mysterious unknown of the Atlantic, south to Africa and then on to India. What would our direction be these few days? What unknown experiences and ideas?

Dr Isaura Neto and her team had organised this workshop at short notice, following the Symposium at Molde. The Portuguese Society has not been closely involved with GAS(London) for some time. Yet what was quite obvious from the turn-out was the numbers and the enthusiasm that thrives in Lisbon. Over 60 people participated in the workshop as a whole. There were several generations of groupanalysts present, a whole group-analytic community about which much of Europe has been ignorant for too long. There is energy, commitment and intellectual activity. Also some resentment that some theoretical ideas had been, a long time ago, rejected by London - ideas about pattern as an elaboration and complement to matrix - in the 1970's. Several papers were presented by Portuguese members that showed deep-going commitment by the Portuguese Society to elaborating and furthering theoretical development. It felt rather as though, in a colonial glow, a society had been found doing all the things that the explorers from afar had been doing for so long - "Oo! Look what these folks are doing - just like ourselves". Only the colonising mentality is I suppose defensive of its own "superior" achievements: we, the visitors, were suitably humbled.

Our hosts were disappointed and annoyed that not more visitors from the rest of the GAS in Europe had committed to attend - only 11 from elsewhere in Europe came, leaving the Portuguese to be easily the largest contingent; such a let-down. The hotel was good, and our hosts laid on the most excellent hospitality throughout the whole weekend. The fee included two sumptuous evening meals in wonderful restaurants, and excellent lunches; the first of these evenings included a performance of *Fado*, the Portuguese art of singing without microphone and amplification with two or three stringed instruments. The subject matter is mainly (though not solely) about the sadness of life and love; one of the songs required our hosts to fan themselves vigorously at their embarrassment at the subject - I shan't say what - you should have come!

There were several presentations of theory by our Portuguese colleagues - Dr Paula Carvalho, Dr Guilherme Ferreira, Claudio Moraes, Dr Ana Sofia Nava, and later from Dr Earl Hopper. Surprisingly enough the large groups were the first that the Portuguese Society had run, and were conducted by Cesar Dinis. It was unfortunate that the area that was available for the larger gatherings was the front of the small lecture theatre that was used for the theory presentations, which gave a shape like a large railway carriage with chairs around the outside. Likewise this was the space where we held the social dreaming matrices. This was the second time that I had conducted such a gathering, based on the work of W. Gordon Lawrence. Such groups are concerned with exploring the dreaming unconscious of the group, and the free associations that arise from the telling of dreams. Rather than see dreams as resistance, they are regarded as windows into the group's unconscious concerns and how the telling of dreams and the associations to them help to illuminate the conflicts and struggles within the group. As the theme of this workshop included exploring conflicts within group-analysis and what the future holds for our discipline, the dreams that were recounted were understood and associated to in this light. These dreams seemed to me significant for the position and development of group-analysis, though whether it is in a crisis as a *therapeutic practice* it is difficult to say.

My many thanks and congratulations to Paula Carvalho, Ana Luisa Santos, Maria Centeno, Maria Antonieta F Almeida, and the chair of the whole event, Dr Isaura Neto. All worked hard and at very short notice to organise the best attended winter workshop for some years.

Kevin Power.



Breaking the Silence Mending the Broken Connections

Summer Workshop of the GROUP-ANALYTIC SOCIETY (London) in the Hunsrück, Germany

4 to 6 August 2006



GROUP-ANALYTIC SOCIETY (LONDON)



102 Belsize Lane London NW3 5BB Telephone: +44 (0) 207 435 6611 Fax: +44 (0) 207 443 9576

Email: <u>admin@groupanalyticsociety.co.uk</u> Website: www.groupanalyticsociety.co.uk



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Staff:

Teresa von Sommaruga Howard from UK and New Zealand Ulrich Weber from Germany
Herb Chaim Hahn from UK and South Africa
Amélie Noack from UK and Germany

To register please return the tear off slip to the Group-Analytic Society c/o Teresa von Sommaruga Howard, 9 Westrow, London SW15 6RH, UK with a deposit of £50.00 or €75,00.

]-----

I enclose a cheque for the deposit of £50.00 made payable to Teresa Howard: 'Breaking the Silence' or €75,00 to Ulrich Weber: 'Breaking the Silence' for the workshop.

NAME (in block letters)

ADDRESS (in block letters)

Telephone No. Fax No.

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Sign in to GAS London forum

Joining the GAS Forum

The Group Analytic Society forum is accessible to invited subscribers only and is part of Google Groups.

You must be a Group Analytic Society member to gain access to the forum.

To be able to join the group, you must first contact the <u>Society Administrator</u> (preferably by e-mail) who will then create a membership for you where your user name will be based upon your e-mail address. When this is done, an invitation e-mail will be sent to the address you supplied that contains instructions on how to join Google Groups (if you are not already a Google Groups subscriber) and a link to the 'GASLondon' forum.

If you do not have a Google Groups account, then first click on the link in the invitation e-mail below the section:

'Access to the group on the web requires a Google Account. If you don't have a Google Account set up yet, you'll first need to create an account before you can access the group. You can create an account at:'

You can then enter the password sent to you and can enter an optional 'nick name'.

Now that you have a user name and a password, you can 'Sign in' to the forum by clicking on the link at the top of the page.

The same user name and password will enable you to access the 'Members Only' section of the website – www.groupanalyticsociety.co.uk.

GOLDSMITHS COLLEGE, UNIVERSITY OF LONDON UNIT OF PSYCHOTHERAPEUTIC STUDIES

PSYCHOTHERAPY WITH A DIFFERENCE!

You are warmly invited to come and join a Department which values the creative, cultural and social context of psychotherapy and which offers pathways in Group Psychotherapy from Foundation Studies through to PhD. There is a flourishing Goldsmiths Association of Group Psychotherapists, which meets regularly and offers support to the graduates. Some of the early graduates were responsible for forming the British Association of Group Psychotherapists, which is a professional association open to all trainees and graduates of Group Therapy/Analysis programmes in the UK. The Director of Group and Intercultural Therapy is Professor Diane Waller, who is both an Art Psychotherapist and Group Analyst. The following programmes are now recruiting for September 2005 and early application is advised:

Foundation course in Group psychotherapy (1 year part-time designed as an introduction to the Diploma or for general interest) Thursday late afternoon/eve

Postgraduate Certificate in Cultural Diversity in Therapy and Counselling (1 year part-time, Tuesday evenings)

This programme is led by Dr Angela Hobart, Fellow of the Royal Anthropological Society and psychotherapist at the Medical Foundation for Victims of Torture, London. It is designed to examine healing interculturally and to examine the effects of racism and cultural dislocation on clients using mental health services. This is currently the only programme in the UK to offer a sociological, anthropological and psychoanalytic perspective on healing and psychotherapy.

Successful completion of the programme (8000 word dissertation) enables you to enter the MA in Group and Intercultural Therapy with remission of 1 long essay.

Postgraduate Diploma in Group Psychotherapy (3 years part-time) This is the accredited (UPCA/UKCP) training in Group Analytic Psychotherapy, now in its 15th year. Drawing on the theoretical base of group analysis, this programme also studies the work of Norbert Elias and the Frankfurt School, and includes systems theory and family therapy in the curriculum. As with all other programmes in the Unit, careful attention is paid to the role of ethnicity, sexuality, gender, equal opportunities within psychotherapy. Trainees are provided with placements and run both a brief and longer term patient group during the 3 years. The programme leader is Ms Cynthia Brooks MA, group analyst and researcher.

Successful completion of the Diploma enables you to register with UKCP and to enter the MA with remission of 3 long essays (ie you write 1 essay of 6000 words and a 10000 word dissertation).

MA in Group and Intercultural Therapy (1 year full-time, 2-3 years part-time) Flexible programme with ample opportunity to follow individual interests within a theoretical framework which covers sociological, anthropological, philosophical and cultural elements within group psychotherapy as well as reinforcing a group analytic base. Examination (unless you have the PG Cert or Diploma) is by 4 x 6000 word essays and 1 x 10,000 word dissertation. Programme leader is Professor Diane Waller,

assisted by Dr Ken Evans FRAS, Dr Angela Hobart, PhD, FRAS, and Mr Okeke Azu Okeke, MSc, MIGA.

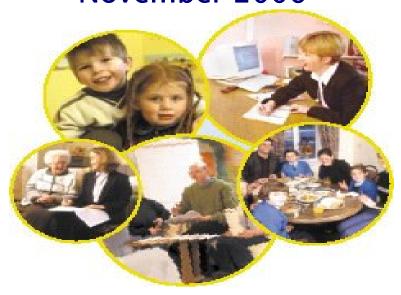
Mphil/PhD: These are research degrees for which you need to have a Masters' level qualification or equivalent. You propose a topic and if we are competent to supervise and feel you have the necessary qualification to follow it through, you can enrol at any time of the year. You will be able to join the College's first year Research Methods programme, and be assigned a supervisor who is responsible for ensuring your progress. Currently there are 11 research students in the area, engaged in topics as diverse as spirituality in psychotherapy, the impact of colonialism on identity, the profession of psychotherapy, post-traumatic stress in returning military personnel, development of psychotherapy services for elderly Afro-Caribbean clients. In the first instance you should write or email with a 2-page A4 proposal outlining your interest.

For more information on any of these programme contact Professor Diane Waller on diane.waller@virgin.net or write to her at: Group and Intercultural Therapy, Goldsmiths College, Lewisham Way, London SE146NW.

The Admissions Office (Postgraduate) will provide forms: 0044-207-919-7171 or you can download these from www.gold.ac.uk.

Groups for Life

A Series of 6 Workshops, to be held in York, between 12th May 2006 and 10th November 2006



This series of workshops will focus on aspects of growth and development through life stages with reference to 'groups' and group membership.

1.1.8 PROGRAMME

Friday 12th May 2006 10.30 a.m. – 4.30 p.m. INFANCY

Exploring the psychosocial context of birth, mothering and family life; the concerns around the well being of infants and ways of addressing these including the containment of anxieties; and how these concerns bring out the 'infants' in us.

Friday 9th June 2006 10.30 a.m. – 4.30 p.m. THE CHILD IN THE GROUP

Exploring the significance of peer relationships and non-familial social context; significance of group experience for the developing child; possibilities for group therapy for children.

Friday 7th July 2006 10.30 a.m. – 4.30 p.m. ADOLESCENCE

Exploring the nature of identity and social connectedness; key challenges of this period; group work with adolescents including residential treatment.

Friday 15th September 2006 10.30 a.m. – 4.30 p.m. MEN AND WOMEN IN GROUPS:

The significance of gender differences and similarities and the nature of ensuing relationships; exploration through group work with men and women; the way that these concerns will resonate with our experience in the workshop.

Friday 20th October 2006 10.30 a.m. – 4.30 p.m. MID-LIFE CONCERNS

Exploring this time of transition within the context of loss but also opportunities; anxieties and feelings associated with biological and physical changes, occupational concerns and generational challenges.

Friday 10th November 2006 10.30 a.m. – 4.30 p.m. GROWING OLDER

Exploring the experience of growing older alongside the perception of others; the support provided by peers and the possibilities of transformations at this stage; the application of therapeutic approaches to working with older people.

INFORMATION AND BOOKING

Further information can be obtained from:

Single workshop

The whole series

Fees:

Bethan Marreiros, Management Administrator, Group Analysis North, The Red House, 78 Manchester Road, Swinton, Manchester, M27 5FG (Tel: 0161 728 1633 or e-mail gan@freenetname.co.uk)

£65.00

£350.00

£50.00

Members of GAN (single workshop) £50.0 Members of GAN (whole series) £260. Fees will include lunch, snacks and beverages £260.00 York Medical Society Venue: 23 Stonegate York, YOI 2AW **Contact:** Dr Sue Bradbury 07710 944113 Nick Tanna 07790 938156 **BOOKING FORM** Name: Address: Tel: Disability/Dietary requirements: -----Membership of GAN: Yes/No Please circle the workshop(s) you wish to attend: Childhood **Adolescence** Infancy Men/Women Mid-life Older age **Whole Series**

Please include payment as appropriate: £ and return to the GAN

Office (cheques payable to Group Analysis North Limited)

Closing date for applications 31st March 2006

CONFERENCE ACCOMMODATION IN LONDON

Visitors attending events held at 1 Daleham Gardens, London NW3 5BY might find it convenient to stay nearby, i.e. in Hampstead or Belsize Park. London hotels need to be booked well in advance and by credit card.

Hotels (at between £60 & £95 per person per night)

The Swiss Cottage Hotel at 4 Adamson Road, London NW3, has been well recommended by members who have stayed there in the past. They offer us a special rate of £60 for a single room: when booking, ask for Alex and say that you are a Group-Analytic Society member.

(Swiss Cottage Hotel, Tel. 0207 722 2281),

Dawson's House at 72 Canfield Gardens, London NW6, is a small, rather basic hotel at the cheaper end of the local price range. It is situated, two minutes from Finchley Road Tube Station and 15 minutes walk from Daleham Gardens. (Dawson's House Hotel –Tel. 0207 624 0079).

The House Hotel at 2 Rosslyn Hill, London NW3 1PH is a more pricey, but rather nicer place less than five minutes from Daleham Gardens. (The House Hotel, Tel. 0207 431 8000, Fax 0207 433 1775)

The Forte Hotel at 215 Haverstock Hill, London NW3 4RB is a Trust House Forte chain hotel in the same area with all major hotel facilities. (The Forte Hotel, Tel. 0208 70 400 9037)

Langorf Hotel at 20 Frognal, London NW3 6AG Good, comfortable hotel, with all facilities. 0207 794- 4483

Alternatively, here are some numbers of hotel booking agencies you can use:

0700 080 8800 0207-309 5500 0207 388 4443

Bed & Breakfast Accommodation

We cannot recommend any specific Bed & Breakfast address used by our members in the past, but there is an agency which will find you a B&B in any chosen area. Prices start at around £45 per night. (London Bed & Breakfast – 0207-586 2768).

If you prefer to stay in Central London, please keep in mind that the central tourist areas, i.e. Bayswater, Marble Arch and Oxford Street, are about 40 minutes from Daleham Gardens by either taxi or tube (you will have to change tubes to the Northern or Jubilee Line).